

The Center for Spiritual development "Renaissance"



THE WORLD OF ASTRAL

Series of Father-Absolute messages
channeled by Marta from May 24 till July 4, 2018

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The world of astral

Greetings, my dear beloved children!

Today I would like to start a new series that can be roughly titled **‘The world of astral’**.

We have already talked a lot on this topic but we mostly focused on the way of distinguishing lower, medium and higher levels of astral beings because they are keen on introducing themselves using different names that are often dear to you.

But now we are going to talk about treating them in the right way in order to prevent their activity and keep our energy space clear.

As you already know **astral beings are disembodied souls or, more precisely, souls fragments that were unable to come Home for this or that reason.**

As they can't merge with the higher dimensions of the Divine they can't get a clear view of the things happening to your planet.

But they are brilliant at scanning the collective conscious of humans getting into the energy information space of the third dimension.

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Participation in human routine is becoming sense of their existence, major entertainment and source of nourishment.

They resemble batteries that get charged with energy ‘current’ of humans of the corresponding voltage.

Moreover, **they are energy ‘suppliers’ for corresponding egregors, some sort of intermediaries between humans and egregors.**

Just the way the energy of Light and Love penetrating us gains strength and reaches Earth in a concentrated form, so do emotions generated by you, but they ‘move’ in the opposite direction. Your energy penetrates astral beings, gets dense and is literally pulled to the corresponding egregor.

Why does it happen?

The reason is mirror reflection. While you are dense material beings bridging subtle and dense levels of Earth, astral beings are subtle creatures bridging dense and subtle levels.

This is the way the Law of Reflection functions in terms of your planet – energy circulates at all its levels.

Now let's consider how humans aware of these processes can supervise them and what kind of relations they can have with astral beings.

But first of all, you should estimate your potential – your vibrations frequency, and your chakra system is a measuring scale for this.

It accurately reflects all seven levels starting with the first chakra that corresponds to the level inhabited by lower astral beings and finishing with the sixth and seventh ones that make contacts with the Light Powers of the Universe possible.

As a rule, the fifth chakra is the limit that higher astral beings can't go beyond. They are the ones that live at the turn of two worlds and can often get information from the Forces of Light: Archangels, Angels and Ascended Masters.

They get connected to their channels and scan information about the Ascension that hovers in the collective conscious of the Forces of Light at the subtle level of Earth.

So, higher astral beings have access to both the databases: the collective conscious of humans and the collective conscious of the Forces of Light inhabiting the first 'floor' of the Divine.

Now, I think, you understand why it is so difficult to tell the Forces' of Light messages from those sent by higher astral beings. The difference is by far the slightest and human vibrations frequency should be by far the highest to get the point.

Here we will stop so far.

Farther – Absolute, who loves you without measure, has spoken to you

Channeled by Marta on May 24, 2018

Structure of astral world

Greetings, my dear beloved children!

Today we will go on talking about the world of astral in all its variety and abundance and I will focus on its structure.

The comparison with honeycomb is likely to be an appropriate one. And there is a reason for this.

Its cell structure allows astral beings keep their energy “privacy”.

Therefore, different quality and frequency vibrations don't intermingle and it enables astral beings to accumulate energy of this or that particular kind.

This is the reason of their being safe and sound. And everybody benefit from this division.

And I will explain why.

For example, if all kinds of negative energy were accumulated by one single astral being it would be unable to “digest” them, for its energy potential is not that high.

That is why it prefers feeding on one particular kind of energy which is most delicious for and most typical of it.

So, it sorts out negative kinds of energy generated by humans attracting the most typical of it according to the vibrations frequency.

What does happen to someone obsessed by several passions like, for instance, offence, jealousy and envy?

That kind of person feeds several astral beings at the same time and they, like bees, swarm around them in that way maintaining the vibrations frequency corresponding to these emotions.

One becomes really possessed by the beings and if one fails to block their way the outcome may be sad.

The expression “to commit a crime in the heat of passion” is a common knowledge. These are the low frequency beings who drive one to the condition like that. They

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totally rule one's conscience and make them do the things that generate the desired energy in the most concentrated form which is a real feast for them.

And the committed crime triggers the chain reaction that results in some other negative emotions such as sorrow, pain, fear of losing someone close and others.

This is the way astral beings of all kinds step by step gather in the energy "tribute" for their honeycomb and humans are unaware of paying it so generously.

What if one realizes it is a low-water mark and tries to break free from one's passions? What happens in this case?

As a rule, one in despair starts calling on the Higher Powers.

And They always hear you and come to you, my dear ones! They start filling your subtle bodies and the space around you with the Divine energy of Love.

It looks like dolphins fling themselves into the breach and raise a drowning man to the surface.

But it is you who everything else depends on.

Your Heavenly helpers can grant you a chance of salvation encouraging you to choose Light but if you refuse "swimming" towards It you will start "sinking" again.

They can't change your conscience but just grant you a flash of illumination and it should be followed by hard work of your Soul on moving to the Light – painstaking and slow, patient and systematic...

What happens with the astral beings in this case?

Having received the Divine Light blisters they will have to keep at a respectful distance. They go on watching their "victim" from there and wondering if one will be able to maintain the high frequency vibrations granted by the Higher Powers.

And if one gives way to the low frequency emotions again they fall on their "food" with good reason.

In my following messages I will tell you how to treat your invisible "companions".

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on May 25, 2018

How demons come to being

Greetings, my dear beloved children!

Today I will tell you what happens to a person unwilling to get rid of their passions that later on get quite different features.

And, believe me, my dear ones, I want you to know the ins and outs of the astral world not to scare you but to make you aware of the harmful consequences of your negative emotions that you let like the genie out of the bottle so carelessly.

Let's take a particular example of someone who can't forgive and nurses a grievance day by day and let's see what happens to them.

First of all, it starts rooting in their physical body which results in neoplasms such as tumors and cysts.

And if one doesn't come to one's senses and doesn't change one's course of thoughts these neoplasms will turn cancerous gulping down all one's organs.

These are the consequences at the dense material plane.

And what happens at one's subtle energy plane?

The astral being fed on generously generated offence energy grows bigger and bigger turning into a real Demon of offence.

This is exactly the way Demons appear, my dear ones.

Just the way a tiny embryo in mother's womb little by little turns into a human being so is an astral being that is someone's soul particle feeding on the energy so characteristic of it gets bigger and stronger and develops till it turns into a Demon.

Unlike lower astral beings this creature has its own conscience and like human embryo it is connected to its victim with "a naval string" that facilitates the circulation of offence energy in both directions till a Demon of offence comes into the astral world.

As soon as the astral world is a reflection of the dense material one the processes that take place here are the same but they are of subtle nature – creatures are born out of the

subtle material, precisely, your emotions that are certain density variations of energy of this or that kind.

So, what happens next to a new born Demon?

This creature, like a child on Earth, grows, matures and opens the world, the astral one in this case.

But it has lop-sided development because for its nutrition it utilizes the offence energy only that is actually what it is made of.

It knows from the cradle about its one and only food it needs to survive and flourish and it tries to get as much of it as possible.

As a rule, it fixes its affection on the human it was brought up by just like a child does on its mother but later on it sees how the land lies and finds new sources of nourishment as its "parent" is totally exhausted or has passed away.

Therefore, by frequency vibrations of the original offence energy it is attracted to someone else obsessed by this passion and, for there are plenty of them on Earth, it starts growing by leaps and bounds till turns into a huge Demon that with the energy accumulated can totally control humans' conscience and make them do dreadful and ill-considered things.

One is quite unaware of all these things because Demons are very skillful and sophisticated and have got a lot of tools and improvised means at their disposal which we will talk about next time.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on May 26, 2018

Lower astral beings cooperation

Greetings, my dear beloved children!

So, let's go on speaking about the world of astral which is the reflection of your thoughts, emotions and actions.

I decided to let you know about all its ins and outs so that you would realize how far-reaching consequences of your emotions are and how dangerous it is to let them out carelessly.

You have already been told many times that each human being is a whole Universe and, believe me, my dear ones, it is not an exaggeration.

Everyone creates one's own world in small and inhabits it with the creatures according to one's inner state.

And all these creatures, though invisible to you, are real and alive because they exist in the subtle material world, at different levels of the astral world.

They become visible when one is at the altered state of conscience.

Just like a drunken man sees devils inhabiting their subtle bodies so an enlightened one during meditations or being blessed sees Angels, Archangels, Ascended Masters who are attracted to them due to their high frequency vibrations.

Now let's come back to the lower astral beings you give rise to by your low frequency vibrations.

[In my previous message](#) I showed you the way demons come to being and now I would like you to realize how sophisticated they have become in human psychology and what numerous means they have at their disposal to make humans supply the low frequency energy they long for.

As soon as they feel that their source of nourishment is about to fail they will make things hum and fan the dying flame of human passions.

I have to give you more details on the structure of the lower astral world so that you understand the way it happens.

Just like the 3D world that it reflects the lower astral level has a clear hierarchy that is determined by the energy potential of this or that being.

The more negative energy it accumulates the higher it moves up "the job ladder".

There is also a clear distinction according to the type of energy: fear, offence, pain, jealousy, greed, guilt, power, control – in a word, all types of negative energy in existence that supply energy for the corresponding egregors.

And the conductors of the energy, the intermediaries between humans and egregors, are the astral beings who do their best to keep the energy flowing.

In order to benefit from human passions as much as possible they have made “a mutual aid treaty” asking each other for help so as to put various negative emotions and thoughts into humans’ heads that clinging to one another drive humans to a new phase of “insanity”.

Being really good at human psychology and peculiarities of the 3D world they are perfectly aware of the fact that some negative emotions are closely connected with each other.

For example, one possessed by the idea of control of one’s environment – one’s family members, friends, colleagues – is usually imposed by the ideas of their infidelity, betrayal and disobedience as well as by circumstances created with the purpose of arousing suspicion in such humans.

As a result they start doing guesswork and making much ado about nothing, which leads to fanning “the flame” of offence, jealousy, suspicion and fear of losing love and respect of relatives and a great deal more.

And in my next message I will tell you how it is performed.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on May 28, 2018

Egregor of meanness

Greetings, my dear beloved children!

Today I will tell you how lower astral beings communicate at the subtle level and you will be surprised at the exact way it reflects the things that take place at the dense level of Earth.

The best name for “the mutual aid union” of astral beings that was spoken about [in my previous message](#) is “**the Egregor of Meanness**” because it has incorporated all its subdivisions, the slightest shades of negative energy in existence.

It is the mankind profile in its most disgusting manifestation where humans are guided not by Love but by hatred, not by the desire to help one but the desire to make one suffer...

But in this case everything occurs at the subtle level of Earth and this never ceasing energy exchange between the embodied humans and the disembodied astral beings “nourish” the former and the latter.

In what way does it happen?

Let’s take one of the most common situations as an example.

One is on one’s best behaviour at work and is eager to make one’s way up.

If one is at the very beginning of one’s spiritual path and one is ultimately driven by the desire by all means to make one’s fortune which is the guarantee of “happiness” in the 3D world they do their best to achieve the goal in the shortest possible time.

Low frequency vibrations of arrogance and self-affirmation attract the lower astral beings fed on this energy.

For some time there is equal energy exchange between them then the human’s energy exhausts as **the possession by low passions always leads to physical and moral degradation.**

So, in order to maintain their good source of nourishment lower astral beings search for assistants to supply the human with more emotions.

You see, they don’t need the high frequency vibrations for that and they ask their “senior fellows” for help who are more powerful and experienced lower astral beings, that is, demons of all kinds.

The latter are pleased to participate because they understand they shouldn’t miss the easy prey that nourish their beloved “Egregor of Meanness” and find numerous assistants and means of encouraging this meanness at the dense level of Earth.

And they have got vast field of activity at their disposal. They call on various astral beings: big and small, those specialized in lie and slander, greediness and jealousy, envy and cunning, rudeness and arrogance and a great deal more traits they need because they fill the human’s energy space with low frequency vibrations characteristic of these kinds of energy.

“Technically” it is performed by putting into one’s conscience the necessary thoughts and emotions that in their turn provoke one’s certain actions at the dense level.

If a highly proficient “expert” is up and doing all the environment of “the victim” is involved: one’s friends and relatives get invaded by astral beings generating fear and fault or, the other way round, aggression and anger.

What happens next?

One gets drawn into endless series of intrigues and arguments that work up negative energy of all kinds more and more offering numerous astral beings the most sumptuous feast.

So, the energy of arrogance has entailed the whole lot of negative energy varieties that have caught hold of both the one who gave rise to the original negative energy and one’s environment.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on May 29, 2018

Magicians and wizards

Greetings, my dear beloved children!

Having described the structure of the lower astral world and the scheme of its inhabitants and humans’ interaction I would like to focus on another aspect of this interaction: how it can be changed, precisely, how not to let extraneous thoughts and emotions into one’s conscience.

Most humans on the planet think and act unconsciously as they know not what they do.

They got influenced by the momentary urge being unaware of the fact that it was created in the astral world in order to fill them with the energy needed for astral beings so as to get back the same energy of higher concentration.

This never ceasing low frequency energy rotation has eventually led to the state when humans are guided by the astral world not the astral beings are guided by humans.

And the humans aware of this fact have always taken the opportunity to take astral beings on.

These are magicians and wizards of all sorts, the ones who are commonly known to sell one's soul to the devil.

In fact, it is really so because having deliberately rejected the Light and accepting the Darkness the Soul becomes a part of the latter getting dissolved in it and falling apart into particles that after one's death start rambling in the lower astral and are at it again.

If humans knew about disastrous consequences of their evil actions while embodied I think they would never take any.

Now, my dear ones, it is high time to tell you everything about "the back stage" of the planet to deprive humans of excuses that they hold a candle to the devil through ignorance ruining souls and ignoring the consequences for their own worthless Divine Souls.

The one who practises conjuring intentionally intruding into somebody else's energy space and guiding their conscience one's own way is not simply the conductor of low frequency energy but, moreover, the "earth connector" of the demonic energy of the lower astral world.

As a matter of fact, one turns into Demon in the flesh amplifying the negative energy effect on humans hundreds of times.

The things that take place on your planet nowadays resemble a bacchanalia, the revelry of the Dark forces who rule over the world as magicians and wizards have legally become an integrated part of your world and humans willingly buy their services to get the desirable because they don't want to make any efforts either moral, spiritual or physical ones.

What happens to those buying the services?

Their destinies are as sad as that of the magician because their souls get resonated with the magician's soul who conjures to excite love or hatred or, in some cases, practises death conjuring.

As a rule, magicians perform their rites by means of the clients' energy field and it is the clients who become "the tool" of making their wish come true.

Thereby magicians share responsibility of committing the evil and the one who bought the service can stay within lowest frequency energy field for long and, sometimes, forever being the captive of the demonic forces finding oneself within the channel opened for them by the magician who made their wish come true.

Imagine, my dear ones, how many crippled and ruined souls there are on the planet at present because the high and mighty represented by the Reptiloids have opened the flood-gates for the legal acceptance of magicians and wizards.

They publish their advertisements in all the mass media and the Internet space beyond borders. It has turned into a habit, fashion, lifestyle for lots of people...

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on May 30, 2018

How to neutralize the lower astral beings’ influence

Greetings, my dear beloved children!

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Today we will discuss the way you can neutralize the lower astral beings influence on you and the way you can close the channel of their influence on your conscience.

First of all, which is the most important, you should learn to recognize the state of being influenced.

This is how you can manage that.

Try to **monitor every single emotion and thought** you get, even the transient one.

The strict supervision will help to estimate the frequency vibration of any thought or emotion.

To facilitate this you can make use of the most reliable “frequency estimation scale” which is your own chakra system.

For example, if unintentionally you have had a negative thought criticizing or blaming someone feel the chakra the thought vibrates at.

The lowest frequency energies are common to vibrate at your first chakra, those of aggression, anger, hatred, envy, jealousy, blame and many more that are generated by lower astral beings.

Your chakra will respond with pulsing or rotation.

The fact that you “have caught” the thought and “unmasked” it is a great success anyway!

The last thing you have to do now is to dissolve it in the energy of Love and Light.

It is better to replace the unintentional blame you generated for the intense Love flow out of your heart chakra towards the human.

By doing this you both dissolve the original negative thought and build up the highest frequency vibrations barrier impermeable to the astral beings, which will protect you as well as the object of your thought.

I certainly understand, my dear ones, that in the 3D world it is hard to be up to the mark ALL THE TIME.

At crucial moments of your life you tend to act on an impulse or under inertia then you think better of it and feel guilty.

You should do this by no means because feeling guilty, strange as it may seem, is also among low frequency emotions with LACK OF LOVE underlying it.

And like any emotion lacking Love it is a slice of cake for lower astral beings.

Believe me, they will catch at your feeling guilty boosting it more and more making you think you are not decent.

So, having realized that you thought or behaved the wrong way you can make some rearrangements: return to the situation in your imagination and change the thoughts, emotions and actions.

Let everything happen to the highest good of all with the best physical level outcome.

Next, anchor the success putting the rearranged situation into a golden cocoon of Love energy.

ANYTHING CAN ALWAYS BE HELPED, my dear ones, so don't give way to despair under any circumstances blaming yourself of the things you have done.

Accept this as another experience or your lesson learnt.

Be thankful for it and move on your spiritual path having corrected the mistakes.

But try to do your best not to repeat them any more.

So, getting used to monitor all your thoughts and emotions step by step you will rise to the level of existence that lower astral beings will not be able to reach for.

And I bless you for this!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on May 31, 2018

Self-exorcism

Greetings, my dear beloved children!

[In my yesterday's message](#) I told you how to avoid lower astral beings' influence.

It was the so-called «preventive measure».

So, today I am going to tell you what to do if you «have already fallen ill» and lower astral beings have broken in your subtle bodies and settled there.

The common case seems to be when one is seized by fear, which is also reflected in your language.

As you already know, my dear ones, fear is the energy of the lowest frequency vibrations and it is the very energy the Dark forces prefer to use giving it various shades and features.

Before all, it is fear of death – one's own and that of family's and friends', fear to lose relations, health, welfare, job, usual lifestyle, fear of the unknown and a lot more varieties of fear.

To keep one “fit” in their own way the Dark forces make sure one constantly gets “energy helpings” that ground one's fears with crowds of minor astral beings in charge of all the negative energy varieties assisting them.

Let's take the most common case as an example – mother's anxiety.

Many of you have probably noticed that the more mother gets worried about her child the healthier and unluckier it gets.

It is certainly not by chance: it is her fear that attracts negative energy to the child that at the physical level becomes apparent as misfortunes and feeling unwell.

Moreover, the child also gets seized by fear as mother and child have by far the strongest energy ties.

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It results in negative energy cycle that makes the energy passing through the humans involved many times as strong, which provides the lower astral beings with the everlasting source of nourishment.

So, how to break away from the vicious circle and get rid of uninvited guests settled in your subtle bodies who boost your thoughts and emotions with the energies they need?

For this I suggest you should do the following meditation, some kind of «**self-exorcism**».

In order to do this you should call on all your Heaven helpers, Archangel Michael and ask them to free your energy space from all the kinds of alien invasion.

Having sat for meditation and completely relaxed try to feel and visualize all the alien inclusions that «inhabit» you.

Run a thorough check-up of all your subtle bodies...

Even if you don't feel or see anything your intension and calling on Heaven helpers will do their part.

Not a single astral being can hide from the Higher Powers of the Universe, for They highlight every nook and corner of your subtle bodies and they giving way to vibrations of that high frequency will have to either accept the Light and come back to the Creator or burn in Its beams.

By all means you will feel the Divine energy transmitted by the Higher Powers!

Maintain the meditation state unless you feel that the energy flow ceases.

As soon as the astral invaders expulsion is completed you will feel a great relief and bliss all over your body.

Thank your savers from all your heart and gradually recover your usual state.

And you are the only one who events development depends on: whether you will be able «to keep your house» clean by carefully monitoring each thought and emotion or “will make a mess” of it again.

I bless you, my dear ones, for this improvement work you are in such need of!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 1, 2018

How to remove magic affect

Greetings, my dear beloved children!

Today I would like to go on explaining how you could escape from the influence of lower astral beings with demonic beings among them.

It has already been said [in my recent message](#) that for their rites all magicians and wizards make use of their clients' energy channels exposing humans to permanent influence of demonic beings that have been called on for work.

Having once opened the channel they keep it in service all the time.

So, their criminal "coalition" with lower astral beings violates all the Laws of the Universe ultimately submitting the conscience and will of the humans involved.

And still, my dear ones, there is always a way out of this seemingly hopeless situation because anyone possesses a Divine particle which means they are the creator of their own life and their own destiny.

One can change "the hell" ruling over one's Soul and life into "the paradise" filling oneself and the environment with different frequency vibrations energy.

This resembles the way a megalopolis citizen existing in the lowest energy vibrations suddenly finds themselves where the planet has preserved its virgin wildlife in all its beauty flooded with the Divine energy of Love and Light.

How can you understand that you have been magically effected and how to remove the affect?

There are certainly no single antidotes for the numerous kinds of magic rites in existence as well as their performers that range from the so-called "amateur conjurers" to real experts – the Dark forces representatives on Earth.

Still, there are some signs of alien invasion into your conscience and energy space in general because despite magicians' doing their best to maintain the channel in the required condition few of them ever succeed in this.

One being exposed to alien influence has "glimpses" anyway when one's conscience breaks free from the prison it was trapped.

This is some kind of enlightening – realizing that the things happening are artificially designed and one is being guided by the unseen forces and instructed by them.

And it is essential to snatch the moment of “the glimpse” in order to come to one’s senses and not to get overwhelmed again.

At this very moment you should do the following.

Ask me and all the Higher Powers of the Universe for help in removing all the magic influence affects and Archangel Michael and his Angel forces to cut all the energy channels, “ties” and “cords” that connect you with other people.

Finally, ask the Higher Powers to “heal the wounds” – to do some Divine energy of Love and Light patching up and close the gaps in your aura that alien low frequency energy came through into your energy field obscuring your conscience and forcing you to behave unusual way.

If the influence was prolonged and intensive you may need several sessions like this as the Dark forces are not used to giving up so easily and hold their ground fighting for the victim.

Do always remember that not a single dark being can resist the energy of Unconditional Love which is the most powerful energy in the Universe and it either accepts It choosing Light or burns down.

There is one more essential tip I would like to share today.

Don’t try to fight the Dark forces confronting them and, which is really important, don’t feel any anger, hatred, fear or aggression towards them – no negative emotions, in short.

Anything under the sun including them has the right for existence.

Consider their role in your life from your spiritual evolution point of view: they are the ones encouraging your prominent spiritual advancement teaching you Unconditional Love to anybody lesson.

Thank them for this and offer your help in their evolution – open a portal of Light for them so that they could come back Home.

Believe me, my dear ones, many astral beings will be pleased to do this as well as some demons as they are bored with their evil deeds and are eager to play another part.

Overcome superstitions and fear in your Soul, my dear ones!

Don’t be afraid of anyone or anything!

You can work wonders with the power of your Love!

So, go ahead and use it!

And I bless you for this!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 4, 2018

“Medium” astral

Greetings, my dear beloved children!

Today I would like to tell you about another astral world level that affects humans as much though it is far less known than the lower and the upper ones.

It can conventionally be called medium astral level. It is inhabited by the astral beings with no prominent qualities, neither positive nor negative.

They are the subtle level reflection of those usually called the men in the street and this is what the overwhelming majority of the planet’s population is.

They are neither clever nor silly, neither good nor bad, they are average men.

As a rule they are law-abiding citizens who make their living by the sweat of their brow meeting common social standards and following the traditions of their native country.

Their dreams and wishes don’t go beyond the scope of the generally accepted standards and patterns.

They are the first ones who rise to the fly of advertisements and all kinds of propaganda. Their conscience is easy to manipulate.

They are the public in the most general sense.

And the emotions they live with are the ones the medium astral beings feed on.

What kind of emotions are these?

There is, certainly some of envy, jealousy, greed and control that fall prey to the lower astral beings.

But we consider the case of decent citizens who are considered to live respectable life by fair means.

But they are the kind of people who are in a habit of making complaints about their life doing nothing to improve it.

They don't mind gossiping, discussing mutual acquaintances and evaluating the event in their own way.

One of their hobbies is to criticize authorities and officials blaming everything on the regulations in the country.

Shortly, they are characterized by discontent in all its varieties.

At first sight, it may seem an innocuous-looking human drawback.

But let's study the consequences it entails.

Take the most frequent example.

One gets to work and starts complaining of the weather, overcrowded public transport or traffic jams.

Then one passes over to criticizing one's spouse, children, neighbours, colleagues and boss...

Step by step this discontent "monster" swallows up everything positive in one's life.

To keep the conversation going one's interlocutors contribute their share of complaints and negative energy that has already filled the space around them as it is.

This is the energy the medium astral beings feed on who in their turn "supply" the humans with new topics to discuss that breed discontent over and over again.

This is how arouses the vicious circle of humans and astral beings' interaction with the latter "specialized" in discontent energy, complaints, criticism, gossip, blame, anxiety and distrust towards the world.

So, the longer one lives in this kind of energy the more one gets absorbed in the world of the reigning fear and despair.

As soon as one settles down there lower astral beings take off their coats driving them to depression, alcoholism or drug abuse with everything it entails.

And in my next messages I am going to tell you how to break up with behaviour patterns so typical of your society and keep your energy space clear.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 5, 2018

Astral beings evolution

Greetings, my dear beloved children!

Today I would like to go on speaking about the medium level astral beings.

The level they inhabit is a peculiar stratum in between the upper and the lower astral levels.

As soon as they are the reflection of humans of vibration frequencies similar to their own ones they seem to be the most abundant in the astral world.

My dear ones, there is certainly no clear-cut boundary between the three astral levels.

Evolution or, on the contrary, involution is characteristic of any living being in the Universe irrespective of the state, embodied or disembodied.

And astral beings are not an exception, for each of them has their own course of development just as humans do.

Let's study this by some specific example.

It is common for quite neutral anxiety energy to grow thicker and thicker eventually turning into fear and panic energy, which is typical of many parents on the planet.

This way they start feeding the lower astral now and the beings fed on their energy of anxiety and tension consequently "descend" with them into lower frequency vibrations.

If one takes up spiritual development seriously, realizes they fight a losing battle with fear and gets rid of it they at the same time give to the astral beings invading their energy field a chance to advance and move to the next level by raising their vibration frequency.

Therefore, the Universal Law of Reflection reaches both the dense and the subtle planes of Earth.

Why is it right now that I go into details of the astral world and explain all this to you?

The reason for that is in spite of being invisible for most of you the astral world still remains real and essential for you.

The subtle and the dense planes of Earth are INTEGRATED SPACE where all kinds of energy are constantly circulating and intermingling depending on the emotions one has at the moment.

And if you get aware of the process feeling responsible for your Soul, other people, the planet, the Galaxy and the Universe in general you will raise your vibration frequency, create a new reality changing, as a result, Earth energy component and assisting Its ascension to the 5D without many stresses and cataclysms.

Alongside with this, being your subtle level reflection some astral beings will be able to rise to the next level getting this way a chance of returning their lost particles to the Maternal Soul coming to an end of their interminable wandering in the astral world.

So, please, my dear ones, give up the habit of thinking and acting according to the common patterns or generally accepted standards being unaware of the fact that by doing this you ruin your Soul and clutter up the astral world which is a reflection of yours.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 6, 2018

Be attentive to people

Greetings, my dear beloved children!

Today I would like to summarize the information about the medium level astral beings and highlight one more aspect which is not treated with attention while of great importance.

I am going to speak about your attitude to the people who don't play any particular part in your life or infringe your interests being neither your friends nor enemies, in a word, about the so-called neutral people at the background of your routine life.

Sometimes you just take no notice of them because they seem so drab and boring to you.

But believe me, my dear ones, it is often your subjective point of view based on the first impression.

If one keeps silent cutting a poor figure one may be naturally shy, modest with low self-appraisal.

The world of astral

These are the energies that medium astral beings feed on and they do their best to enhance one's features generating them and eventually one draws into one's shell even more daring not to start a conversation or collect eyes for fear of being foolish, boring or obtrusive...

So, I would like you to be more attentive to your environment and try to identify such reserved souls.

Believe me, they are often likely to possess the spiritual wealth and store of unclaimed love many of your talkative, sociable, confident acquaintances who are used to holding the stage and easily get admirers and friends have never dreamed of.

Remember that if you don't care for such ordinary people or look down on them you resemble the lower astral beings and supply them with the energy of lack of self-confidence that gradually may transform into such negative energies as fear and distrust to people or into envy, hatred and jealousy, in some cases.

A line should never be drawn between people, my dear ones! Treat each and every one in an equally friendly, well-disposed and sincere way.

With the help of indirect and tactful questions try to find out the sphere of interest of all the people around you.

You are highly probable to get a surprise and those seemed to be far from the issue of the Ascension may turn out to be ready for it to a much greater degree than those in liking of long and eloquent speeches about esoteric and spiritual things.

But don't take it literally – I certainly don't encourage you to communicate with the man in the street.

I think you have developed your subtle senses to such an extent that you are able to catch humans' vibrations and identify those having vibrations of the frequency similar to yours.

Inspect your environment thoroughly – you can save some humans from the lower astral beings influence leading the way to a new level – help them to become confident and find a new purpose of life.

You may encourage them to reveal their talents and abilities they have had up their sleeves for the time being due to their inborn shyness.

Show your generous soul, senses subtlety and plain human curiosity towards those who have seemed to be ordinary, boring and drab so far.

And I bless you for this!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 7, 2018

Energy of depersonalization

Greetings, my dear beloved children!

Today I would like to remind you about one more truth many of you often forget.

I mean your wrong attitude towards yourselves. It is the very thing that often attracts the medium level astral beings.

It has been spoken about in many messages but for many of you it still remains somewhat abstract background thing.

Someone tries to save the whole world not thinking about oneself.

Others, on the contrary, pay too much attention to themselves taking the expression “love to oneself” too literally.

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So, I will do my best to help you find the golden mean in this complicated issue.

To begin with, many of you don't know your hidden talents and abilities.

You often judge yourselves according to someone else's opinions overestimating or underestimating yourselves depending on the people surrounding you: someone can deliberately flatter you while others can behave in the manner constantly provoking your feeling guilty.

Eventually you generate the energies typical of the medium astral beings who under certain circumstances can transform into the low frequency vibrations the lower ones feed on.

To make it easy for you to understand what I mean let's have some case study.

It is not uncommon that one family member with the best will in the world gets in charge of and takes up the lion's share of the housework.

One takes this as service to one's neighbour being unaware that they make nothing of their own talents and abilities because all the potential, both physical and spiritual, is dedicated to meeting someone else's needs.

Such people are a titbit for the medium level astral beings are there is some reason for this.

The energy they generate can roughly be called **“the energy of depersonalization”** and is exactly the energy the latter feed on.

This kind of sacrifice to please others is actually voluntary vanishing into the relatives’ energies which means losing your self-sufficient personality unique in its value...

This manner of behaviour is a hornet’s nest, for those living for others think they are loving, caring and spiritual people but they are unaware of the fact they not only prevent their Soul from completing Its mission but also deprive their relatives of this privilege foreseeing all the dangers and impeding their life lessons.

Consequently, all family members grow into dependents generating in their turn **“the energy of consumerism”** that is also a titbit for the medium level astral beings, for it is the society of consumership that is their major “donor”.

Such relations are often to have a sad end as in the course of time the energies generated by each family member show up in a more and dense way.

The one sacrificing oneself seems to be underestimated and thinks their “sacrifice” is taken for granted. It results in blaming the relatives of being ungrateful.

The latter in response start treating their “benefactor” as a servant not a bright independent personality.

Step by step the relations get aggravated and the energies dominating the house are quite different now and nourish the lower astral world.

It is difficult to notice this gradual change and all this results from poor understanding of what “love towards oneself and one’s relatives” means.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 8, 2018

Preserve your uniqueness

Greetings, my dear beloved children!

Today I would like to give you one more example of how with the help of your harmless at first sight thoughts, emotions and actions you breed the medium level astral beings.

While in [my previous message](#) we had a look at a family where one member dedicates all one's life to the others making oneself depersonalized today we will study another case where the family members put someone on a pedestal sacrificing their lives for the sake of one's needs and desires.

What happens in this case? What kind of energy is generated by the family members?

Before all, it is undoubtedly the energy of adoration and worship that is not that innocent as it may seem to you.

Here takes place a mass scale "depersonalization" for the sake of someone who starts thinking of oneself being an idol or the centre of the Universe.

It can be anyone at that, one of the parents or children or, which is most often, an only adorable child.

All the rest watch their every bite and hang on every word of the child.

The energy the child generates can be called that of the arrogance and mastership that gradually transforms into the powerful energy of pride the lower astral beings love that much.

My dear ones, everything starts small and the most innocent emotions of yours caused by the best intentions and love to your relatives can turn the tide against you and the people you love.

As soon as all this happens at the subtle level in the physical world you see only the consequences of your actions. Unfortunately, few are capable to get and understand the energy insight of the process.

The examples I gave you represent the extremes of family relations you have.

In practice they are rich in different shades and varieties.

You should always keep in mind that the mentality and behaviour brought up in childhood guide you on in the grown up life and your attitude to your family applies later to your friends, colleagues and all the people you come across.

In other words, the energy you are filled with at home gives way to the world turning into the collective energy of “depersonalization” or worship, sacrifice or consumerism.

This is exactly the way such ugly things like famous people adoration comes to being, that of singers, actors or sportsmen. Fans try to imitate them in everything and go as far as plastic surgery, which makes them depersonalized even in a physical way.

Others follow advice right and left thinking that their friends and colleagues know everything better than they do causing a devastating damage to their individuality and acting in an untypical way.

Still others turn into “a know-it-all” who teaches things to the man in the street just the way they are used to doing in their family.

My dear ones, always remember that ANYONE is a unique being with one’s own inimitable inner world and no one but themselves could know what is right or wrong, good or bad for them.

That is why **never impose your opinion on others and never follow others’ advice like sheep.**

You keep your Soul pure this manner and in addition to this will not nourish the medium level astral beings who live at the expense of unconscious life style of people who resemble a weathercock turning this or that way depending on where the wind is.

Always keep in mind that you are Gods born to create your own reality following your mission path, not to be manipulated by others dissolving your individuality in the vast ocean of collective conscience of average men living to meet their immediate needs and false standards imposed on them by the ruling top of the planet.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 9, 2018

Custom is second nature

Greetings, my dear beloved children!

Today I would like to finish our talk on the medium astral level and to summarize everything that has been said about it in my previous messages.

It should always be kept in mind that these beings are your own extension.

The expression “**Custom is second nature**” is just about them.

These beings inhabit your energy space and power your habits that seem innocuous at first sight: to complain of life, discuss and judge people, get nervous and annoyed at trifles, get impatient and running around and many more.

It is them who “encourage” you “to rise to the fly” of advertisements and propaganda being affected by various diseases and epidemics hysteria that are artificially boosted by the mass media.

These beings do their best to make you not to fall out of step or stand apart from the rest but merge the boundless “ocean” of the 3D collective conscience that is so easy to control.

They are on their toes to make you persistent in your well-established habits and believes, mental and action patterns and clichés.

In other words they make you stay within strict limits of life perspective preventing you from opening your mind and studying the world, life, people and yourselves before all.

So as not to lose their usual “food” – the energy of depersonalization and consumerism, they deprive you of your unique individuality, bright and outstanding, as well as your openness, freedom of choice and reality perception.

It is them who try to impose on you that it is good to keep up with the others being like everybody else and living the way you should live or are supposed to according to the morale, traditions, religion or generally accepted standards of behaviour...

Their influence is difficult to notice because these beings are not as aggressive as the lower astral ones but it is just as destructive.

Their permanent presence in your energy space resembles the swamp that is so hard for you to get out of and stand foursquare to all the winds so as to start eventually living THE LIFE OF YOUR OWN, the one you came to Earth for.

To help you to get rid of their invisible destructive influence I can give you good old **universal advice: monitor your every single thought and emotion.**

Don't let the medium level astral beings control your conscience, i.e. your life.

If you manage to break away from this vicious circle you will not only promote your spiritual development but also that of your invisible “companions” ”.

Do you remember the phrase “**We are responsible for those we tamed**”?

The world of astral

It is you who have tamed the medium astral beings by means of your thoughts, emotions and actions that leave much to be desired and these ties are getting closer and closer as time passes and as a result you get to like them.

You have already become inseparable from them. Therefore, if you raise your vibrations frequency and advance to the next level of development having changed your attitude towards life you will at the same time give these beings a chance to move to another astral level encouraging their spiritual progress in Light.

And I bless you for this, my dear ones!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 11, 2018

The upper astral

Greetings, my dear beloved children!

Today we will pass over to a new topic that concerns mostly those who have managed to escape from the 3D world trap and turned their eyes towards Light.

So, we are going to talk about the upper level of the astral world that is really rich and diversified.

This level is of a complex structure with numerous subdivisions.

Its diversity results from the fact that the astral beings inhabiting it are outstanding individualities by nature.

They are the ones who have managed to pass through all the previous levels: the lower astral one abundant in negative energy and that of the dull and featureless medium one.

These beings have reached the upper level of the astral world due to their curiosity, desire for self-development and spiritual growth.

They are often to advance to the next level alongside with the humans whose energy space they inhabit and who were systematically getting higher and higher up the spiritual ladder.

Those viewing it as uninteresting or too complicated remained at the medium astral level having easily found another “donor”.

So, the upper astral level inhabitants can with confidence be called a child of the most prominent representatives of the planet seeking for Light and new opportunities of spiritual development.

This astral level has been in existence for a long time on the planet. It is some kind of an intermediary level between the 3D energies inhabited by human beings and the 5D ones inhabited by the Forces of Light who assumed the mission of Service to mankind and the planet in general.

For Angels, Archangels and Ascended Masters this astral level is the border difficult to get across.

When you ask for help the Higher Powers of the Universe who live in much higher dimensions They can descend to the upper astral level to give you a helping hand.

And many of you can feel Their energy, that is the feeling of being blessed you get during deep sincere prayer or meditation.

The Higher Powers seem to fill you with the Divine energy of Love trying to support you when you are down: to raise your vibrations frequency so as to encourage your conscience transmission to the next level, which will enable you to consider the tight spot from a different point of view and find the way out.

They hear each of you, my dear ones, and each of you gets a chance “to rise” but not each is able to take it – to see, to hear and to feel Their Love and clues that They try to make apparent at the physical plane might and main with the help of Their numerous assistants – Safeguard Angels of human beings.

The connection of the Higher Powers and humans has been there from the times immemorial, for you all are an inseparable unity and are the Creator’s particles being different only in that the Souls inhabiting higher dimensions have already covered a long spiritual development path while humans living in the 3D world are at the very beginning of it.

Your relations with the Higher Powers resemble the way an elder brother holds the hand of his younger brother so as to help him to cross a rough river of life at the ford showing him the most dangerous places and explaining how to pass them safely.

So, the way you live your life depends on how observant, attentive, and grateful you turn out to be.

The astral level I told you about today is the highest one that can connect a human being in a certain state of conscience with the Higher Powers.

And I would like you to know that each of you can reach it not only on some occasions but in your everyday life if you manage to raise your vibrations frequency up to the level of the fourth and fifth dimension having purified your conscience of all the 3D world impurities.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 12, 2018.

Upper astral structure

Greetings, my dear beloved children!

Well, let's go on talking about the upper astral level.

So as to contribute to your understanding of how diversified it is I will focus on its structure today.

As well as the lower astral has an egregor of its own so does the upper one which can generally be called “the Egregor of Light” and there are quite a lot of narrow-scope mini-egregors.

It can also be compared with some spiritual university with lots of colleges for disembodied souls to study in.

As soon as these souls' components keep the knowledge gained on Earth during their previous life, or several of them, they can also use it while being disembodied.

This is what causes the variety of approaches, terminology, in a word, means of information presentation that they use to channel through different human beings those being embodied on the planet.

Beside narrow-scope mini egregors of philosophy, religious, history, geography, biology, astrology, medicine and many other approaches of treating various issues that concerns humanity this general egregor is subdivided into spiritual, vibrational, sublevels.

The world of astral

The upper level astral beings, just like people, being either in the state of evolution or involution can move around from one level to another one according to the energies dominating them at each particular moment.

And it largely depends on the state of people whose energy space they inhabit.

Therefore, people though being unaware of it, either help them to advance in their spiritual development or degrade, on the contrary.

In this case the law “Like inside like outside” is also applied to the subtle plane of existence, to those beings penetrating your energy space and making up a unity with you.

These days the upper astral level enjoys “the Renaissance”, for they got the opportunity to contact human beings embodied directly.

The 3D world used to be separated from them by “a thick membrane” of the low frequency vibrations but now thanks to the non-ceasing high frequency vibrations flow of Divine Light this membrane is getting thin and brittle to such an extent that the subtle and dense world are about to merge.

Human beings are now going through the same thing.

New Divine energies “wash away” the solid 3D crust revealing their subtle sense organs that enable them to see and hear subtle worlds.

It is certain not to be a wide scale phenomenon yet but still there are thousands of people on the planet able to catch and decode the information the upper astral beings try to confer.

It is good and bad at the same time because there are few people on Earth who have managed to get ULTIMATELY free of the 3D world energies and eliminate thoughts and emotions caused by their Ego that has been controlling them for many centuries.

Consequently, the information they channel isn’t authentic either, for they can’t overcome the upper astral level to reach the higher dimensions inhabited by the Higher Powers.

This barrier is particularly difficult to get through for those who still live in the thick of 3D world things having no opportunity to get isolated of it and to communicate with the subtle plane in peace and quiet.

But those who manage to do it even under these extremely complicated circumstances deserve true admiration and profound respect.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta, on June 13, 2018

Lower sublevel of upper astral

Greetings, my dear beloved children!

Having told you [about the upper astral world structure](#) I would like to focus on each its subdivision separately.

And we will start from the lower sublevel, the one inhabited by the beings who have just arrived here from the medium astral world level.

This subdivision is rather densely populated and its inhabitants are quite active as their curiosity and desire for new knowledge “pushed them out” here.

The astral beings of this sublevel are well aware of the overwhelming majority needs, the man in the street psychology, and do their best to meet them.

Since communication with the astral world has become fashionable they widely use their abilities to contact the human beings with the subtle world channel opened.

As long as “geographically” they are the closest to you it is them who answer your questions asked with the help of a pendulum or other secondary “tools” for subtle world communication.

Some people channel long messages from them, few others – even books.

As a rule, it happens to the spiritually immature human beings who plunged into the esoteric world following the fashion, out of the desire to stand out of the crowd or “to manifest” spirituality that they view as exclusiveness and superiority, to cut it short, to those possessed by false pride of all kinds.

This is how it comes about.

Because of their strong desire to become intermediaries between the Higher Powers and humans they start urging the natural course of events calling on during their meditations those they would like to talk to.

“The enthusiasts” of the same kind inhabit the lower subdivision of the upper astral level.

They are on their mettle as well, eager to share the things they discovered in the energy space new for them.

They nourish mostly on the energy such kind of people generates, who are their reflection and “donors” at the same time.

Therefore, the desires of the both sides coincide and they open a conversation.

In fact, what these people do is talk to themselves and what they are busy with is wishful thinking.

Their “talk” is largely determined by the education, bringing -up, character and scope of interests of the person contacting astral beings.

To put it in a nutshell, human beings attract the astral beings of the corresponding mini-egregors: esoteric, religious, historic, etc. and even the “household” one.

This egregor is also there in this energy space and is among the most popular ones. Its inhabitants answer the simplest questions connected with your everyday life and their answers are often correct because penetrating your energy space they feel and know quite a lot.

If one with the subtle world communication channel opened keeps in touch with the astral beings on a regular basis one can develop one’s ability of close intercourse with them, the latter assisting them eagerly.

Many channelers get really addicted to it. They write down long texts and feel being not mere mortals but exceptional ones, those who get access to the sacred knowledge and manage to lift a mysterious veil separating the dense and subtle worlds.

Yet, these things are not as harmless as they may seem at first sight. And I am going to tell you about this in my next messages.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta, on June 14, 2018

Who is your “interlocutor”?

Greetings, my dear beloved children!

So, let's go on considering the lower sublevel of the upper astral level.

I would like you to be fully aware of who talks to you and what for.

So as to check who has come to talk to you, the Higher Powers or the astral beings, while in peace and harmony, you should tune your Divine “camertone” – your [chakra “scale”](#) – and check what chakra your interlocutor vibrates at.

As you already know, the astral beings vibrate from the fifth chakra and downwards while the Higher Powers vibrate at the sixth and the seventh ones.

If you haven't managed to determine the vibrations frequency by means of your chakra system yet, there is one more way to understand that your channel is taken over by the astral beings.

While communicating with them you ALWAYS lose energy, for this is what their purpose is.

First of all, you are their energy “donor” at whose expense they exist and, secondly, a curiosity and amusement object.

Not to let their “prey” slip they have learnt some cunning and intricate tricks.

Having no access to the true Divine knowledge they throw in common facts or answer your questions right giving the answers they are sure of encouraging your curiosity more and more and supporting your belief that you contact the Higher Powers of the Universe.

They have already learnt the names of your favourite Saints, Archangels and Ascended Masters – the ones you call on and they are quick at assuming any names just to arouse interest and desire to talk to them.

Be attentive to what you feel.

If after the astral world contacts you feel weak and dizzy, sleepy and tired it means you experienced an extensive energy outflow – the astral beings were well fed on your energy.

So, you should understand that the information they channel lacks true Divine knowledge being its surrogate.

The world of astral

The most dangerous thing is that the human beings channeling these false messages are often not ready to confess the fact even to themselves.

They are sorry to say goodbye to their favourite “toy” – the idea of being chosen, exceptional, spiritual...

Seeing this, the astral beings do their utmost. They take the initiative and contact the humans themselves asking them to write down messages and introducing themselves as the Higher Powers that are so dear to the people.

Once in the whirl of information it is difficult for the humans to get out of it especially if the messages channeled by them are getting popular and are read by dozens and hundreds of people, which constantly supports the channeler's pride.

One gets a feeling of being a messiah giving people a lead.

One gets followers and fans who have implicit faith in everything one channels.

One turns into their guru, the idol, the chosen one...

This is the way vanity and pride make one descend more and more and in this case some other astral beings – those of lower vibration frequencies – take over their channel.

One just can't stop as they have already established relations with the lower astral beings that are much more cunning, insidious and sophisticated than those of the upper astral.

That is why, my dear ones, please, keep alert and cautious!

Be ready to stop if you are even in a slightest doubt you have fallen “a victim” to the astral beings.

Don't force things!

If necessary the Higher Powers will always find the way to “get through” and communication with them will bring you true happiness and enjoyment.

It will add wings and fill you with the energies of that high vibration frequency that you will feel like flying.

Believe me, my dear ones, this is the way it is to be!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 14, 2018

Destructive power of flattery

Greetings, my dear beloved children!

Today I would like to go on talking about your contacts with astral beings and focus on another aspect of it – to show you the wide range of people they can affect even indirectly.

Let's take the following obvious example to make it easy to understand.

A good pure person, an ancient Soul who came to Earth with a certain mission – to help people at the turning point of their planet's Transmission to the Fifth dimension, the Higher Powers of the Universe communication channel gets open.

This person channels the information people are in need of and that can encourage their making headway to Light that is to the Ascension.

Realizing that the knowledge belongs to everybody the channeller opens a website that attracts pure souls the way the moonlight attracts night moths.

In the beginning everything goes smooth. The messages confer high frequency vibrations and knowledge that people are really in need of.

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The readers thank the channeller from the bottom of their hearts for the messages and the Service.

Step by step innumerable replies of gratitude overflow the site and turn into a powerful stream...

The person who channels the messages becomes an idol for hundreds and in some cases for thousands of people...

The channeller often gets involved into the comments exchange being thankful for the kind words, answering the readers' questions and sharing the personal experience and point of view.

Therefore, one contributes one's own – human's – thoughts, feelings, emotions and interpretation of the channeled messages.

At first sight, everything looks nice and decent, for the energy space of the site is filled with praises sung by the readers and the creators of the site lauding each other.

What about the black underbelly of this bright image, the energy truth?

It comprises hard invisible work of the astral beings of the medium and lower levels.

Do you remember, my dear ones, how the descent of the humanity started? How did the Dragons succeed in putting the humanity off the true way – making them forget about their Divine origin?

FLATTERY was the only cause. It was due to flattery that they managed to turn Human Gods into dual world people.

It was the virus of flattery that first affected your conscience giving rise to other negative energies typical of the dual world.

So, this virus of Flattery penetrating the Divine website that used to be so pure starts its devastating action and fills the site's space with quite different energies – the creators with that of the enormous Pride energy and the readers with that of the Depersonalization one typical of the people who tend to idolize someone.

Just imagine the vast sphere of activity it provides the astral beings of all kinds with and the destructive energy of the low frequency vibrations they confer to the energy space of the site.

But now people are unable to feel it because their descent happened gradually without being noticed by them and they are absolutely sure of making their way to Light while in reality they have been moving the opposite direction for a long time...

And in my next message I will tell you how to find the way out of this complicated situation and, which is more important, how to realize that it happened to you.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 15, 2018

Spiritual values make-shift

Greetings, my dear beloved children!

So, let's go on talking about how it comes that the road to hell is paved with good intentions, which I started explaining in [my previous message](#).

First, I will explain the reasons and the ways it happens from the energy level point of view.

You already know that a lot of energy of the same kind gradually creates some mini-egregor that gets energy supply from all the people involved.

In the case of the website that publishes the Higher Powers messages on as a crucial issue as that of the Ascension the number of the readers increases more and more with each of them unconsciously contributing their energy to the overall energy space of the site.

At this point a lot depends on the person channeling the messages.

In order to maintain the highest vibration frequency that let them get in touch with the Higher Powers of the Universe one should stay **ULTIMATELY UNINVOLVED** in the vanity of the dual world, which is extremely difficult while still there.

The channeller often joins the conversation of the readers, answers their questions and shares the experience sincerely believing it encourages their spiritual growth and helps the readers to better understand the idea of the messages.

The latter in their turn shower thanks on the channeller **unconsciously** associating them with the Higher Powers conferring the messages.

So, the site that used to be of high vibration frequency gradually turns into that of some other frequency energies.

And this is how it happens.

There is one and the same programme imposed ages ago that gets activated in all the people involved in this situation – **the programme of separation** – and in the one who channels the messages the energy of **pride, self-admiration and being chosen**.

The channeller looks down on the readers not deliberately but subconsciously.

The latter in their turn get another dual world programme activated that of **the idolizing and worshipping**.

And you already know that all these programmes are powered not by the upper astral beings but by the medium and lower ones.

It is not that easy to identify the site and its creator's degeneration, for there are no apparent signs of it: the same sweet and regular words about Light, Love and the Ascension are contributed by both the one who channels the messages and those who read them.

They got used to this energy space long ago and are unable to feel that their vibration frequency is constantly reducing.

Still, there are some signs that make it possible to identify it.

First of all, it is the content of the messages.

They lack any **NEW** knowledge. They turn into endless variations of the same old story.

The reason for that is that the channel was long ago taken over by the astral beings who are certainly in the know but to a very limited degree and confer vibrations of different frequency – a lot different from those of the Higher Powers’.

As a rule, these imposters assume the names of the Higher Powers who dictated the messages when They were able to get in touch with the channeller due to the high vibration frequencies of the latter.

Sometimes true energy confrontation takes place – the Forces of Light and the astral beings “fight” for the human channel and the outcome of it largely depends on the emotional state of the channeller, whether one is “in high spirits” or, the other way round, gets involved into the dual world energy.

In some rare cases one part of a message can be dictated by the Higher Powers while the other one – by the astral beings, for the subtle world perceptibility of a human being should be by far the most accurate.

The most regrettable thing is that if one doesn’t develop that accuracy of perceptibility or doesn’t recognize the imposters in time one will descend more and more in terms of energy so that the Dark forces start dictating messages who have already become experts in the issue of the Ascension as well.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 16, 2018

Spirituality obsession

Greetings, my dear beloved children!

Today [we will go on discussing](#) how to distinguish between the true messages by the Higher Powers from the false ones, those dictated by all sorts of the astral beings.

Perhaps, many of you have come across long eloquent messages you don't remember the beginning of having read them up till the end.

As long as they say about the topic so dear to you reading them seems to be good and helpful for you and they appear to help you still more to keep your finger on the pulse of the Ascension which means further spiritual growth.

Have you ever thought, my dear ones, if having read some text your Soul learns nothing new there must be a catch in it?

Why do I come back to this issue over and over again? The thing is that the harm these messages cause is much more significant than you can imagine.

It has already resulted in a new virus come into being that causes a new disease called "false spirituality" or even "**spirituality obsession**" that affects some human beings who have chosen the Ascension.

And here are its symptoms.

The constant search and reading of recent books and messages on the Ascension takes all your energy leaving no time for true work on self-improvement: dialogue with your own Soul, getting aware of the changes taking place inside you and putting the gained knowledge into practice that transforms your reality and the way you perceive the world.

And it is the most urgent thing for each and every of you that will help you, as well as your environment and the planet in general, to make the Transmission in the shortest possible time with the fewest possible losses.

What happens to many of you instead?

Painstaking and minute work on self-improvement you substitute for "going out" to various websites the overwhelming majority of which are infected by "pseudo spirituality virus" and their energy space is soaked with all sorts of the astral beings ranging from the lower to the upper astral level.

What happens to you this time?

You get plunged into these energies, resonate with them and start providing the energy space of the website with the similar frequency energy being at the same wavelength with the astral beings.

You find yourself writing comments in luscious sugary words that seem so “spiritual” to you and feel this way concerned in the vital process of the Ascension.

Though, the more luscious and right the words are the lower, as a rule, the vibration frequency they confer and it is the people fond of these words who tend to be more possessed by pride and self-admiration, for true spirituality has nothing to do with bid words.

The good is always created in silence and Love is sent to the people around not in resounding speeches but in beams of love and compassion flowing out of the heart – in the Divine energy of high frequency.

With all my heart, my dear ones, I would like you to see and feel this slight difference and to yield to no tricks of the Dark forces and astral beings doing their best to sweet talk your head off and make you conscience vague with endless long, empty and low frequency messages that are channeled through the people whose vibrations because of their personal features don't allow them to channel messages from the Higher Powers of the Universe.

And you fall down together with these people getting stuck “in the boggy slough” of the Internet which energy space is almost all taken by those who don't benefit from your spiritual growth that deprives them of the usual “food” that is low frequency energy.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 17, 2018

Spirituality for sale

Greetings, my dear beloved children!

Today I would like to go on talking about the relationships between humans and the upper astral beings.

At present these astral beings' "donors" are the people concerned in any kinds of esoteric knowledge as well as the issue of the Ascension that is much spoken about at all the levels of existence.

Let's have a look at one more example of how good intentions of the humans and the upper astral beings eager to participate in the Ascension of Earth result in the consequences quite different from what they expected.

Many of you are excited to share the knowledge you get.

There is nothing wrong in it but there is also a slight distinction between the unselfish Service to the humanity and making it a buying and selling item.

Living in the 3D world you are used to being paid for any service provided, so many human beings truly believe that spiritual knowledge has value of its own.

And now I will try to draw a border between the Divine knowledge not liable to sale and the one that can be paid for.

Under no circumstances can't be sold any knowledge that you or someone else got from the pure Divine source – the knowledge that the Higher Powers of the Universe would like to communicate to all the mankind.

Any direct or indirect sources of income such as advertising or service selling will reduce the vibration frequency of the Higher Powers' messages.

You may get surprised at this but in terms of energy the following thing happens.

Certainly, the messages themselves, as long as they originate from the pure Divine source, can't get sully but the website they happen to find themselves confer the vibration of quite different frequencies because they offer information of all types and sorts.

Do you remember there are many "mixed" sites in the Internet that publish information channeled by various people? Some messages are dictated by the Forces of Light, others – by the Dark forces, still others – by the astral beings of all kinds.

You can add videos voiced by robots or by humans of rather low vibration frequency, various advertisements, articles, replies, sometimes quite aggressive or, the other way round, too sweet and sugary...

Now, can you imagine the whole variety of the energies dominating a website like this?

The true pure message will get sunk in the whirlpool of energies alien to it – get lost or “trampled” by the astral beings who that kind of sites are titbit for.

The visitors of the sites also fall prey to these beings just as the messages channeled from a pure source do.

The inhabitants of the astral world rush off their feet to raise the energy typical of them, with the lower astral inhabitants being most active who provoke the lowest human emotions such as pride, vanity, gossip, envy, criticism, offence, doubt...

Little by little this site turns into an arena of war of words and the human passions vortex gets the better of the pure news from Heaven.

This way the creators of the websites like this, though being unaware of it, do a bad turn not only to themselves but also to their readers and instead of making a spiritual headway they thrust back both themselves and the readers.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 18 2018

Medium sublevel of upper astral

Greetings, my dear beloved children!

Today we will pass over to the next sublevel of the upper astral level – the “medium” one.

As you have already understood from my previous messages there are no clearly established borders between all the sublevels and levels because astral beings, just like

people, pass through different development stages and constantly move from one level to another.

Still, the upper astral medium sublevel can be identified as that of quite highly developed spirituality and its inhabitants truly believe they can do a lot of good to the human beings.

What is their belief based on?

First of all, it is based on the fact that they are good at the issue of the Ascension that is much spoken about both at the subtle and dense levels of Earth.

And now they are busy with finding “channels” to share their knowledge with people being embodied.

It is these astral beings who dictate messages to the overwhelming majority of the channelers with quite high vibration frequency.

Unlike the lower astral beings’ energy, negative component is not typical of their energy but their messages are rather useless though.

This is just the case when people don’t gain any new or useful knowledge.

The astral beings of this level simply don’t have it.

They are capable of repeating over and over again the things known to everybody and the messages they dictate differ only in terms of emotions and energy saturation which depends on the personal traits of the people channeling them.

If the channeler is pure enough to maintain rather high vibration frequency you will feel this sort of messages vibrating at your fifth chakra that is the limit for this sublevel’s inhabitants.

Besides “experts” on the Ascension who are good at esoteric issues this sublevel is also inhabited by some astral representatives of “narrow speciality” in a variety of spheres of your life.

Being fragments of well-educated and intelligent humans’ souls that couldn’t rejoin their Soul for this or that reason they try to carry on their activity at the subtle level as well.

As soon as this is somewhat advanced sublevel they can often get access to the database of the Universe and get new knowledge in the field of science or art they were concerned in during their previous embodiment.

So, feeling eager to contribute to the well-known sphere they seek for specialists to “through in” new ideas and projects.

It is them who make scientists getting enlightened possible.

It is them who initiate flash of inspiration in creative people filling them with creativity energy.

It is them who assist doctors and healers.

In other words, it is the astral beings of this sublevel who give mental signs and clues to those in search of within their professional areas because they inhabit the sublevel with “speciality” egregors that they are attracted to according to their interests.

Therefore, as far as your professional and real-life issues are concerned, the inhabitants of the medium sublevel of the upper astral can be of great value to you.

Here we will stop for today.

Father – Absolute, who loves you without measures, has spoken to you.

Channeled by Marta on June 19, 2018

Astral «mite» to ascension

Greetings, my dear beloved children!

Today we will go on talking about the medium sublevel of the upper astral.

This case seems to be the most complicated for you to understand, for this sublevel’s inhabitants, just like you, also strive for Light and try to encourage the humanity’s headway to the Ascension making the best of their abilities and the way they understand what is happening.

And it should be admitted that they have done a lot for that.

The flood of information about the Ascension that showered you and raised interest to the issue is their most prominent service to the mankind.

And the fact they submit someone else’s names they view as harmless tricks aimed at making trustworthy the information they communicate to you through different “channels”.

It should be mentioned that at the first stage of the Transmission when the human vibration frequency still remained not high these tricks could be permissible but now the stage of your getting older has come – many of you have experienced a leap in vibration frequency and you have grown too mature for that kind of messages.

Thousands and thousands of people have got their upper chakras and pineal gland activated.

They are ready to rise at the next level and to hear the voices of the Higher Powers of the Universe.

At this point their interests start contradicting those of the astral beings’.

Many people don’t resonate to their vibrations and that means they don’t “nourish” them with the energy any more.

As a result, the astral beings have to fight for “a place in the sun” struggling for the human channels capable of conferring the Higher Powers of the Universe messages.

This is the point where their positive influence on people ceases.

For justice’s sake it should be noted that many inhabitants of this sublevel accept the changes.

Together with the people whose energy they used to feed on they start ascending to the next stage of spiritual development and move to the upper sublevel of the upper astral.

While those persisting in their “usual way of life” often fall down descending to the lower sublevel of the upper astral and sometimes even to the medium astral level.

Since the astral beings are your reflection such negative emotions as pride, vanity, self-admiration, power and control over others’ minds work the same way they do in the people who they channeled their messages through.

Their long lasting duet – energy intercourse – can’t be ruined overnight.

And the person who has channeled their messages for a long time should possess really strong will and pure soul to confess to oneself and the readers of the messages that they were dictated not by the Higher Powers of the Universe but by the astral beings submitting Their names.

For now it has happened only to some of the people who have managed to look at themselves from aside, consider the situation “from above” and recognize the imposters as they are.

Do remember, my dear ones, even in the situation like this you shouldn't blame those who tried to make the most of their abilities and resources to help you.

You should thank them with all your heart for the lesson you learnt and the knowledge they shared and move on – to another stage of the Ascension.

And I bless you for this!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 20, 2018

Protective sphere of supreme creator of universe

Greetings, my dear beloved children!

To round up with the upper level of the astral world I would like to highlight its one more feature.

It mostly concerns those of you who have their subtle world communication channel opened.

I would like to provide you with one more tool of your “interlocutor” identification.

I understand that it is particularly difficult to do when you are contacted by the higher astral beings because they REALLY want to do you no harm, just on the contrary, they are eager to encourage your development.

But, as I have already mentioned, what they do depends on their resources and the way they understand the current situation and the things that are necessary and useful for you.

Therefore, they try to substitute your Soul's true desires for those from their point of view.

So as not to get caught you should work out “conventional signs” of your Soul's contacts who, unlike you, a human being, can unmistakably identify the one taking your channel over.

How can you do this?

First of all, **you should learn to ensure sound energy protection** each time you feel the subtle level information arriving.

Coat yourself with impenetrable sphere of Supreme Creator of the Universe energy.

It is sparkling silver white high vibration frequency energy.

Imagine its outer layer being mirror- like. And this mirror twinkles with myriads of the Divine particles.

This is the Unconditional Love energy, the most powerful energy in the Universe.

It is more beneficial for you to make it rotate clockwise which will intensify its action.

It is just the thing that is your major safeguard that even the higher astral beings would not be able to penetrate, for you would be invisible for them.

Staying within the sphere you would be able to attract ONLY the Higher Powers of the Universe who this energy is native for so the surface of your sphere is transparent for them.

Having ensured energy protection, ask your Soul who wants to talk to you.

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If you have done everything right and established contacts with your Soul it will unmistakably answer who has come to talk to you.

If you get no answer it means that some astral beings were making attempts to take over your channel and they lost sight of you being unable to withstand the energy of that high vibration frequency.

Many of you will be able to feel the presence of the Higher Powers of the Universe in your energy space.

You will feel blessed and your upper chakras, the sixth and the seventh, as well as your pineal gland will get warm and will start vibrating.

The feelings can vary from person to person but they must be HIGHER than the fifth chakra.

Then, if you have no doubt you are spoken to by the Higher Powers you can channel the message the way you got used to: write it down, record or simply enjoy the communication with your Heavenly guides.

And I bless you for this, my dear ones!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 22, 2018

Upper sublevel of higher astral

Greetings, my dear beloved children!

Today we will switch over to the last and the highest sublevel of the higher astral level.

In comparison with the other astral levels and sublevels it corresponds to a very narrow layer.

It is inhabited by the beings who have covered a long evolution way in the astral world and have reached the state of being mature to come back Home and rejoin their Soul.

They exist at the very border separating the astral levels from the world inhabited by pure human souls who almost right after their physical body death's find themselves in the dimension they are attracted to by their vibration frequency.

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They are just about to ultimately transmit to the world where they can get prepared for their next embodiment.

It can be said that this last border sublevel is the place to think over a long period of their rambling in the astral world.

As a rule, these beings took the opportunity to live in all the astral levels, from the lower to the higher one.

They become well aware of the interaction process of humans being embodied with their permanent companions – astral beings who choose “prey” of a definite kind of energy nourishing them and in their turn “powering” humans with the similar energy.

Having experienced this energy turnover many times in various astral world levels these beings have eventually gained the awareness of this style of existence hopelessness and they became anxious to break free.

Inhabiting higher dimensions they know about other levels of existence with valid human souls who instead of endless rambling in the astral world learn other lessons.

The world of astral

They review the life lived, analyze the mistakes made and communicate with the Heavenly guides – the Higher Powers of the Universe.

The upper sublevel astral beings are looking forward to get where they can restore the integrity with the Soul and their Divine conscience.

These very beings help humans to pass over to a higher level of their spiritual development, for this kind of work to the good of the humanity guarantees their own transmission from the astral world to the higher levels of existence.

What does their help include?

They frequently get imposters revealed and open one's eyes to who one communicates with and sometimes they protect one's channel from the astral beings of the lower and medium levels.

Possessing the energy of somewhat high vibration frequency they occasionally share it with people.

These beings also get some subordinates but unlike their colleagues inhabiting lower levels they aim not at consuming human energy but sharing their own in order to protect humans from the lower astral beings influence and encourage their moving to the next stage of spiritual development.

It is mostly due to them that one "gets awakened" to a new life pondering over sense of life, changing value system, getting interested in the issue of the Ascension and everything it concerns.

These being are very close to the Forces of Light who lead your way.

Some of these astral beings become Safeguard Angels to humans considering this mission as the last step that ensures their definite breaking free from the astral world prison.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 23, 2018

Soul fragmentation

Greetings, my dear beloved children!

Today I will go on speaking about the astral beings of the upper sublevel those at the very door of their new state of being completely integrated with their Soul.

And today I will focus on what a **Soul's fragment** is and how it can exist independently from it and why this happens.

To start with, getting embodied a Soul arrives at Earth being whole because in between the incarnations it has already analyzed its previous life experience and all the lessons learnt, which enabled It to get all the lost fragments integrated and get ready for the coming incarnation.

It carefully searches for a place to live on Earth, social environment, parents, new life experience It would like to get and then descends into the womb of Its new mother.

As you already know finding Itself in the tough environment of the 3D world a Soul gets confused and forgets about everything It arranged before birth.

Very few are those who have managed to a full extent to bring to life the things they dreamt of in Heaven.

One being born in ultimately material-dominated environment and unable to hear one's Soul is sometimes attacked by friends and relatives in terms of energy and affected by negative emotions to the extent one's Soul is literally "torn" apart.

Soul fragmentation occurs for many reasons but the major one is the absence of the personal core, self-sufficiency, self-respect, understanding of one's being unique and valid, which eventually means love to oneself.

A human gets "entrapped" by social and religious standards and dogmas, gets dissolved in their family, work, duties and many other minor things that little by little deprive their Soul of wholeness.

Unfortunately, in the 3D world there are very few humans who succeed in keeping their precious Soul as pure and integral and coming right back Home after the physical body's death, back to the height It arrived at this world from, and sometimes even higher – depending on the previous life experience.

The overwhelming majority of the humans who lived a material-dominated life with its joys and sorrows keep in energy touch with their friends and relatives, their work and the people they had strong emotional relations with.

Therefore, these Souls' particles, their energy bundles, remain in the energy space of the human beings embodied.

And these possessing conscience particles or fragments start a life of their own existing at the subtle level of Earth.

This is just the way all sorts of astral beings appear.

Depending on the type of Souls they are fragments of: good or bad, clever or dull, generous or mean, well-educated or not – they find themselves at the corresponding level of the astral world being attracted to it according to their vibration frequency.

It is followed by a long evolution process until all the fragments get integrated with the original Soul and after that It begins to get prepared for the next incarnation.

In my previous messages much has been said about humans' interaction with the astral beings of all levels and about survival means of these rambling human souls' fragments inhabiting the subtle level of the planet.

But the last sublevel's beings, those of the upper sublevel of the higher astral – are vivid examples of that even in the astral world thanks to spiritual improvement it is possible to break free from "the prison" they have been for so long and restore their Soul's wholeness.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 24, 2018

Starting point at the astral

Greetings, my dear beloved children!

Today we will continue speaking about the higher astral level beings and humans Souls' fragmentation.

Since this process is rather complicated and many-sided one let's study a typical sample of an astral being's way up till the ultimate reunion with its Soul.

Once upon a time there lived a decent intelligent man, good at all respects.

They loved their families and took good care of them. They were highly qualified specialists who dedicated many years to their career.

They mainly lived for the sake of others as this is the life style that is considered to be appropriate.

Moreover, they were atheists and believed all issues related to God were the vestiges of the past. As far as the idea of reincarnation is concerned they were completely unaware of it.

They truly believed they would fly to the winds with their physical body's death.

Eventually, they die. What happens to their Soul?

Its major part comes back Home, for It always remembers about Its origin, but since their conscience doesn't cease after they have left the dense material level of existence it gets confused finding itself out of the physical body.

The conscience doesn't know what to do and how to behave. In the beginning it doesn't understand it is out of its physical body and tries to stick to the usual way of things.

But now the conscience inhabits a small part of the Soul, the very fragment that is represented by vibration concentration of the energy prevailing during its previous life experience.

Why wasn't it able to rise higher together with the major part, the Soul's core?

It has happened because their conscience regarded it inconceivable that the Soul goes on living after body's death, that It leaves for other worlds, talks to the Higher Powers of the Universe, reviews Its life so as to "save" the experience gained and get ready for the next incarnation.

This kind of humans' conscience was too material-dominated that is why it keeps living according to the familiar notions "having cut itself off" everything unfamiliar and complicated.

It can be said that in this case the Soul leaves the body for the second time, the subtle one this time, the one possessing the same conscience as when it was embodied.

Well, depending on the vibration frequency at the moment of death the Soul's fragment gets attracted to the corresponding astral level.

This is when the fragment's "visits" to the dense material world start, for it is the only one that can supply it with some energy and the fragment starts supplying in its turn too.

It has been explained in details in my previous messages so now we will focus on another aspect of such fragment's "life" – the way it searches for truth being beyond the veil, the stages of development it goes through and how it eventually rejoins its Soul.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 25, 2018

Soul reunion

Greetings, my dear beloved children!

So, [let's go on discussing](#) what happens to the human Soul's fragment that after physical death finds itself in the astral world.

As soon as they realize the way the things are they start adjusting to a new life looking around.

In the case we study the Soul's fragment of that good and decent person gets to the medium astral level that is inhabited by Souls' fragments of the overwhelming majority of "the average" people – obedient and liable.

Little by little they get to know they can survive only thanks to their native energy and start searching "donors" in physical bodies.

And those are numerous on the planet. They are the ones whose conscience is controlled by the society, church, family – in a word, those who go with the main stream following age-old customs and traditions.

As a result, this human Soul's fragment carries on with the usual way of life but in the subtle world this time.

The world of astral

They see that many astral beings are quite satisfied with this life style and they get amused at making the circle of their “donors” wider and wider supplying their usual world with energy.

But our character finds it unfair to lead the same life but in quite a “deficient” manner.

And they try to find some ways out of the situation.

Since the Soul’s particle possesses conscience it also has freedom of choice whether to advance or to stay at the same stage of the development.

And they choose the first one.

They have opportunity to visit other astral levels, get to know other energies and gain some information there.

Obviously, this is possible within certain limits – under the Universal Law “Like attracts like”.

Therefore, this human’s Soul’s particle can get down just to the upper sublevel of the lower astral and rise to the lower sublevel of the higher astral.

Still, it is sufficient for them to understand the difference between these levels.

Since at the subtle level there are no conventional things like the masks and hypocrisy that are commonly used by the humans being embodied all these kinds of energy are apparent and perceived more keenly, in a more concentrated form.

And the astral being – our character’s Soul fragment – gets horrified by the loathsome things typical of the lower astral while the energy of the lower sublevel of the higher astral, just on the contrary, seems to be more exquisite and appealing to them in comparison with those dominating the layer they exist now.

They interact with the higher astral beings who share the information available to them.

These contacts gradually raise their vibration frequency and they switch to other donors on Earth, the people who are more advanced spiritually and whose energy appears to be close to theirs.

This way they get higher and higher until they reach the very last sublevel of the higher astral where they get the truth revealed in all its splendour.

At this point their one and only desire is the reunion with the Soul and transmission to other levels of existence where they will be able to think over everything they experienced both on Earth and in the astral world as well as get ready for the next incarnation.

Of course, their dream comes true, for their Soul is also eager to restore Its wholeness and embrace Its priceless particle lost in the astral.

So, here comes the happy end of the fairy tale, my dear ones.

It is a true one, to be honest, because in the astral world humans' Souls' particles are quite often to fill in the gaps of the Divine knowledge they failed to gain on Earth.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 26, 2018

Astral world hypocrites

Greetings, my dear beloved children!

Since by this time you have learnt a lot about life style of the astral world inhabitants I would like to tell you about one more its peculiarity that concerns all the astral sublevels and levels.

I am going to speak about the ability of the astral beings to put on life real shows.

Don't be surprised, my dear ones. As long as the astral world inhabitants are your reflection they can't resist temptation to get entertained by some acting.

As a rule, the lost particles of Souls of past actors, producers, musicians, writers and script writers – in short, the representatives of creative jobs – give themselves up to it.

And this is how it happens.

As I have already mentioned in all my messages, “to beef up” their messages the astral beings assume the names that are familiar and dear for you, those of the Higher Powers of the Universe.

As they noticed that some people have recently got opened not only their audio astral world channel but also a visual one they decided to make their words still more convincing by “lively images”.

How do they create them?

First of all, they use human conscience for that.

For instance, if an astral being assumes the name of Jesus Christ it inserts his well-known image into the channeler's conscience in a telepathic way.

And the channeler has a great look of Jesus. It is sure to be a hologram but combined with the information conferred it seems quite imposing and valid.

This way the astral beings insure against being disclosed and the person who channels the message has no doubt they talked to Jesus.

The astral beings of higher layers, mostly those of the lower sublevel of the higher level, have at their disposal a much greater store of tools for that kind of shows.

They are capable of creating the necessary scenery by the power of thought, which they make wide use of.

As the issue of the Ascension is the most popular in the esoteric world they put up whole shows about life in the fifth dimension.

Quite a lot of human beings fall into their snare during their meditations.

Some of the astral beings have become so brilliant at it that they are able "to get embodied" as humans, saints, angels, archangels performing long shows in front of the unsuspecting people.

So, my dear ones, how can you identify these imposters "in the flesh"?

This is where your chakra "scale" can help you out again.

As soon as you see some silhouette in front of your inner sight, feel the chakra it vibrates at.

The astral beings often come to you as the Higher Powers of the Universe, which makes you feel reverent.

But this is exactly what they aim at.

Don't believe your eyes and ears, my dear ones, for these are the third dimension senses.

While interacting with the subtle world you should use your subtle senses that are the only ones to estimate accurately who you are interacting with.

The Higher Power will vibrate at your sixth and seventh chakras.

Anything below that is typical of the astral beings.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 27, 2018

Soul integration

Greetings, my dear beloved children!

My story about the astral world is coming up to an end and I would like to tell you about the steps you could take to help the astral beings to determine their rambling and to prevent yourselves from suffering the same pitiful lot.

To start with, the most crucial thing for anyone is keeping one's Soul whole which is possible only if one learns to keep one's energy space pure with no alien energies having opportunity to intrude it.

It is possible to fulfill this while in the 3D world though it is not that easy.

And for this you should balance between such qualities as compassion and non-interference in other people's destiny, self-respect and self-admiration, self-assertion and vanity, unselfishness and practicality, friendliness and buddy manners.

In a word, you should try to reach the golden mean, the border that can be crossed neither by your Ego nor by someone else's Ego who can affect you this or that way.

Your Divine Soul must be inviolable. This is your Sanctuary, your Home with only energies native to you to be let in – the ones of the same vibration frequency and the ones that can't bring any discord, disharmony or chaos into your "Home"...

What should you do for this?

Before all, you should limit your contacts to the kindred spirits.

Casual and promiscuous relations introducing alien energy to your life result in your Soul's fragmentation and lack of your Soul's wholeness.

It is particularly dangerous in cases with the relations of intense emotional colouring.

They provoke the most powerful energy outflows and they can't pass without a trace for you.

The expression “spiritual wounds” reflects exactly the things that happen to your Soul during your energy “arguments” with someone of different vibration frequency.

These energies penetrate your subtle bodies like arrows causing deep and in some cases never-healing wounds.

At the same time they occupy your Soul’s particles making their energy space their home.

This is how come into being long-lasting and distressful relations that are difficult to break up although both the sides are well aware of the fact the relations have outlived their usefulness.

It is the energy interaction like this that gives rise to human Souls’ fragmentation and it can drag on lifelong for a lot of people and after their physical bodies’ death Souls’ fragments carry on rambling in the astral world.

So as to avoid this you should get rid of all emotional, that is energy ones, connections.

It is of great importance, my dear ones, to get all your Soul’s separated particles together and restore Soul’s wholeness while being embodied.

To help you with this I offer you the following practice. Let’s call it “**Soul integration**”.

Reach a meditative state, relax completely, call on all your Heavenly guards and ask your Higher being to search all over the world and find all your lost fragments – those in someone else’s energy space.

And watch them coming back Home...

You could see or feel the people you forgot ages ago while your Soul’s fragments were still within their aura after being pulled there in the past...

Even if you don’t see anything you will by all means feel your lost fragments coming back, for the intention of your Soul to gain wholeness and sanctity will resemble the light attracting butterflies and It will welcome them back home in the motherly gentle way...

Remain in this state until you feel peace and quiet and ultimate rest of your body...

This meditation can be repeated several times.

And I bless you, my dear ones, for this important work!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 28, 2018

Soul deliverance from foreign inclusions

Greetings, my dear beloved children!

To carry on with the topic of the [previous message](#) on your Soul integration today I would like to tell you how you can return other people's Souls' fragments existing in your energy space.

But first, it is essential to understand why they got there in order to avoid similar mistakes in future depriving other people's Souls of their wholeness.

Let's study human Souls' interaction process with the help of some real life example.

It is a common case in your life that first love – the deepest one – ends up in a break off for this or that reason.

As a rule, it is the greatest emotional challenge for the both sides.

The first love memories will live in your Soul forever and so will a particle of the human you used to love.

And if the break off was accompanied by strong negative emotions your Souls' wounds can “be bleeding” all your life long.

This interaction “pattern” applies to your each and every emotionally strong connection.

Since thought is material and there is no space or time limits for it each time you recall your offender or the one you offended, you get back to the upsetting moment and send your arrows to their Soul again.

This way, though unconsciously, you supply with energy other people's Souls' fragments that got stuck in your aura as well as maintain existence of your Soul's fragments inhibiting other people's energy space.

You can ask me: “How about fond memories of our relatives, those we think of with love and care?”

In this case, my dear ones, there takes place the energy intercourse of quite a different quality.

But you should mind the slight border separating it from your Ego intrusion that can start regretting something, feeling nervous of your relatives' wellbeing, blaming or judging those you love or feeling guilty to them.

Therefore, it is very important to learn to think of people with no judging or assessing, imparting no personal touch to what is good or bad for them...

Just give them your love, unconditional and unselfish, accepting them the way they are.

Not only will this kind of energy intercourse bring your Souls a lot of good but it also will fill them with the Divine energy of Love making you feel stronger and more confident.

Since this type of relations is rather rare to occur and during your life you have attracted many fragments of humans' Souls I would like to give you the practice that will help you to return the fragments to their owners deliberating your energy space from foreign inclusions.

Let's call it just the same **“Soul deliverance from foreign inclusions”**.

Sit for meditation, relax and call on all your Heavenly guides then ask your Higher being to return all foreign fragments inhibiting your energy space to their rightful owners.

With all your heart thank them for the lessons learnt and the experience gained due to them and say the following:

“I love each Soul's fragment inhibiting my space and let it go Home with peace. Let it get united with the Soul it originally belonged to.”

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Remain in the meditation until you feel that the process is over.

You can do the meditation several times until you feel ultimately free of the foreign influence.

I bless you, my dear ones, for outright cleansing of your Soul and gaining Its wholeness!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on June 29, 2018

Soul wholeness

Greetings, my dear beloved children!

Today we will go on talking about your Soul wholeness, how to keep all Its particles together and not to capture other people's Souls' particles.

After you do the meditations "[Soul integration](#)" and "[Soul deliverance from foreign inclusions](#)" you will have to consolidate your results so as not to get new energy connections.

That is why I give you one more practice that you should make your everyday habit – your magic wand.

Let's call it "**Soul wholeness**".

This practice unlike the previous ones is time and effort-consuming, for only few of you are able to get immediately rid of thought and behaviour inertia that has penetrated each of you so deep.

You should do this practice first thing in the morning and last thing in the evening every day.

Arrange your schedule so that you could dedicate at least ten minutes in the morning and in the evening to work on your Soul, which now is the barest necessity, your permit into the Fifth dimension.

So, every morning call on all your Heavenly guards and ask Them to protect your energy space from any foreign intrusion all day long, which will help you to keep pure all your thoughts and emotions.

My dear ones, you are sure to make your contribution to this work as well not shifting your responsibility onto somebody else's shoulders.

Train yourself to catch "at the take-off point" your every thought and emotion created by your insatiable Ego which is the only one to generate all kinds of negative energies attracting the astral beings who strengthen the Ego's hand even more.

If you learn to do this, soon there will be no need in it as all your thoughts, emotions and actions will be generated by Love alone.

But in the beginning you will have to work hard.

You will be surprised to find that almost each your thought will be habitually aimed at controlling your family, colleagues and friends, at feeling worried about your children, grandchildren, husbands, wives and parents.

Purely out of inertia you will make judgements on every person you come across: nice or nasty, good-looking or plain, clever or silly...

You will join others in complaining about the things that seem unfair in the world, in your country, your city, at your work place...

You will feel eager to make complains of somebody or discuss mutual acquaintances...

You can go with this list on and on because these are the things the life of the overwhelming majority of the dual world people consists of.

And to break up with the usual way of thinking is a hard task to accomplish. But now it is within your depth, my dear ones, for you have so many Heavenly guards to assist you.

They guide and protect every single person awaken from the 3D “dormancy”.

Nowadays high frequency Heavenly energy showering Earth encourages this as well.

Before going to sleep in the evening review the day and check your Soul for wholeness.

And this is how you can do it.

Ask It to show you the episodes that didn't satisfy It, hurt It or other Soul.

You will feel these unpleasant moments by all means.

So, all you have to do is some “debugging”: replay the episodes so that not a single fragment of your Soul will leave its Sanctuary and you will return foreign fragments to their rightful owner if they happen to penetrate your energy space.

This will be beneficial both for you and for the person you had poor energy intercourse with, for it was initiated not by Love but by selfish emotions of the 3D world.

Next, in order to secure yourself from undesired interference at night, ask your Heavenly guards for help again.

As a compliment to this practice you could use [“the Supreme Creator Sphere”](#) that can save you from low frequency energy and make you invisible for the astral beings of all levels.

Put yourself into the Sphere in the morning and in the evening before going to sleep.

I bless you, my dear ones, for this hard work on yourself that is so urgent for you!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on July 1, 2018

Help astral beings to come back home

Greetings, my dear beloved children!

Today we reach the point of my description of the astral world that focuses on the practical advice and recommendations on your interaction with the astral beings for the highest good of all.

Now you are well aware of the fact that the astral world is your reflection, moreover, it is the chance to go on living for many human Souls, their fragments, to be exact, but in a different manner - as energy bundles of this or that kind because they couldn't rise higher than the astral world due to their low vibration frequency.

Your interconnection with the astral world inhabitants has become part and parcel of your life and not everyone is capable of breaking free from it.

Still, I believe, the ones reading this message can manage this task.

The first and the most important thing is that you have realized your involvement in the astral world and have taken its existence for granted.

This world doesn't cause any fear or prejudices in you any more. You understand that it is inhabited by the lost souls who need your help and support.

And this is what you can do for them.

Many of you are capable of making contacts with them using the good old chakra system "scale" – your vibration frequency indicator.

You should know that the astral beings of all levels can hear and feel you well, even if you are not able to contact them in a telepathic way so far.

So, if some of you are willing to help them to rise higher or to eventually rejoin their Souls you can do the following.

Having reached a meditative state and having called on all your Heavenly guards, suggest the astral beings that you should “solicit” the Higher Powers of the Universe for determining their rambling in the astral world and coming back Home.

Next, wait for their answer that can be manifested in different ways.

One of your chakras, from the third to the fifth one or, perhaps, all of them, depending on the number of the astral beings pulled to you and the level they inhabit, will start responding to their presence.

As soon as you feel this ask the Higher Powers of the Universe to open a Light Portal and Archangel Michael to see them to the levels where the Souls they “got loose” from exist.

You will feel your arms getting warm and the Divine energy flow passing through you. Maintain the meditative state until the feelings disappear...

Why is your participation so important in this sacred process?

The first reason is that you do self-cleansing work, for each of you have unconsciously given rise to many astral beings providing them with the 3D world energy.

The second reason is that it can be regarded as some kind of penitence or “compensation” for what you have done.

The third reason is that it will be too difficult for the Higher Powers to open a Light Portal because of a huge vibration frequency gap.

In this case you are “an adaptor” between the higher frequency energies and the lower ones, which will enable the astral beings to overcome this barrier in the shortest possible time.

The fourth reason is that you will gain unique experience of astral world inhabitants interaction based on quite a different principle – you will be not their “donors” but their rescuers and providers of high frequency energy not of low one.

The fifth reason is that you will make a significant contribution to the cleansing process of the near-earth energy space and participate in a thorough tidying-up session aimed at removing all the dirt that has been accumulated there for a long time that is low frequency energy constantly circulating between the physical and the astral worlds.

And I bless you for this, my dear ones!

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on July 2, 2018

Summary

Greetings, my dear beloved children!

At the end of my astral world message series I would like to summarize everything I told you so that you can get a clear and accurate idea of the current events.

Today I will focus on the structure of this world while tomorrow I will review your relationships with its inhabitants.

So, the astral world is rich, versatile and multifaceted.

It resembles a sandwiched cake with a “heavy” solid layer of low frequency energy at the bottom which is inhabited by the astral beings who are concentration of all kinds of negative energies in existence.

It is them who breed and encourage all human passions ranging from family rows to revolutions and bloody wars resulting in human sorrow and suffering.

All through its history the mankind has nursed crowds of Demons of suffering who in between real wars arrange every day conflicts poisoning human souls with the energy of envy, jealousy, greed, power and control depriving them of a happy life full of joy in the energy of Love and Good.

Next comes the astral level which is less dense – the “sponge” layer – and is the shelter for featureless astral beings that are Souls’ fragments of humans who followed well-established patterns, traditions, fashion, someone else’s advice and obeyed regulations but never tried to stick to one’s own point of view drifting the way or stand out of the crowd and “dive out” of the usual world.

Even being disembodied they go on with their cheerless way of life exchanging energy with the embodied humans who are just as featureless.

This level is not that innocent as it may seem at first sight, for the energy it supplies Earth with blocks spiritual progress of humans oppressed by social and religious dogmas.

This kind of energy pulls them into narrow-mindedness slough preventing their conscience from discovering new prospects and entering on the path of spiritual development.

Finally, our “cake” is decorated with the “light” layer of the higher astral level inhabited by the most gifted, curious and hard-working beings.

They are the cream of the astral world with big affairs being managed.

Though it is inhabited by many adventurers and impostors they have noble aims – to help humans out of the duality prison and broaden their minds to the extent that enables them to understand the current crucial changes taking place on Earth.

They make the most of their attempts to share what they know with the humanity dictating messages, articles and long books in which they represent “the eternal universe knowledge” depending on their talents and abilities and predict things look promising for humans on the new Earth.

They gain the knowledge from a variety of sources.

The higher the sublevel of the astral world they live the purer the source is.

Therefore, the higher astral beings can rightly be called “Ascension Heralds”.

Their contribution to the process can’t be overestimated.

Nowadays there are only a few humans who communicate with the Higher Powers of the Universe while those with quite high vibration frequency are not few and they keep in touch with the higher astral beings channeling useful information about changes on your planet from them.

Here we will stop for today.

Father – Absolute, who loves you without measure, has spoken to you.

Channeled by Marta on July 3, 2018

Conclusion

Greetings, my dear beloved children!

Today in my closing message on the astral world I would like to focus once again on the perfect relationships with the astral beings of all kinds that you should have.

As far as the lower astral beings are concerned I think those reading the message have vibration frequency too high for this level inhabitants to be able to affect them.

But the majority of people is still susceptible to their influence so, please, my dear ones, be alert and monitor your environment to know if they turn up.

Suppress “the tension effect” before it gains in strength and wins over space with more and more people involved in its dark energy.

Put out these occasional low frequency “sparkles” with your Love Light preventing them from becoming “flames of passion”.

I believe you are sure to manage this.

Medium astral level is the most insidious, for it is difficult to perceive.

While the lower astral beings are quite apparent in their manifestation and you can almost perceive negative energy filling the air, the medium level beings act on the sly.

It can be said that they corrupt people from inside putting in their conscience thoughts and images depriving them of distinct personality.

And the mass media are of great help to them because their aims ultimately coincide with those of the medium level astral beings’.

This “duet” facilitates total manipulation of human conscience forcing people into standard living patterns, transforming them into cogs of the huge machine designed to turn humans into obedient featureless creatures.

So as to break free from this invisible prison you will have to neglect other people’s opinion including your family as well as to become a white crow standing apart from the flock.

Yet, you already know, my dear ones, that the most valuable thing you have is your Divine Soul, your individuality, your mission and it is for its sake that you have come to Earth at this crucial point of its history.

You have already moved to another level of existence with the spiritual principle and Soul experience as the beginning and the end of it, which opens your eyes to the Fifth dimension Earth life that you are merging with.

And this is the main thing that inspires you not to come back – to the dull day-to-day routine of the overwhelming majority of the planet’s population – and it means that the medium astral beings will not get any power over you.

And finally, the higher astral level inhabited by the beings who sincerely think of themselves as your assistants and rescuers.

Many of you have become close friends with them and despite the fact they assume somebody else’s names they confer information that by far and large reflects the processes on the planet and around it.

Still, my dear ones, you should take this information with a grain of salt because these astral enthusiasts are often to pass desirable for reality informing you about “accurate dates”, “earthshaking days”, “sacred numbers” and many other sensational things.

Since it has been explained many times how to tell the Higher Powers’ messages from those of the astral impostors’ I am not going to repeat myself but I would like to remind you that **the fifth chakra is the limit the astral beings can’t go beyond, so** it is a must to check the vibration frequency of everything you read, hear or channel yourselves.

And you possess your Divine tool for this – your chakra system “scale” with many people having it activated to a full extent.

It is high time, my dear ones, to make use of your subtle organ senses that are going to become your major ones quite soon.

And the last thing I would like to tell you.

Always remember that the physical and the astral worlds make up an integral energy space with everything complying with the Laws of the Universe and its purity depends on each of you.

Therefore, lifting higher and higher up the spiritual ladder you promote not only your spiritual development but also numerous human souls’ particles rambling astray in the astral world.

I bless you, my dear ones and love endlessly!

Father – Absolute has spoken to you.

Channeled by Marta on July 4, 2018
